

**Restaurant Tukul MSF**

**Opening Hours** Mon - Fri 8 am - 3 pm Lunch 11.30 am - 2 pm  
Phone +41 79 450 09 83, msf@eurest.ch, www.eurest.ch/MSF

## MONDAY 18. November

**Veal blanquette (CH)**

Rice and grandmother garnish

**Protect** CHF 18,00  
Internal CHF 13,00

**Cauliflower curry with coco milk**

Wheat semolina

**Innovate** CHF 14,00  
Internal CHF 9,00

**Veal blanquette (CH)**

Rice and grandmother garnish

**Protect** CHF 18,00  
Internal CHF 13,00

## TUESDAY 19. November

**Tortilla wrap with avocado, cheddar**

and scrambled eggs Sweet potatoes salad

**Protect** CHF 14,00  
Internal CHF 9,00

**Teriyaki salmon pavé (NO)**

Noodles and marinated pak choi

**Innovate** CHF 18,00  
Internal CHF 13,00

## WEDNESDAY 20. November

**Nasi goreng with omelette**

**Protect** CHF 14,00  
Internal CHF 9,00

**Fillet of hake, provençale manner**

Crusty breadcrumbs, Boulgour and pan-sautéed sweet pepper

**Innovate** CHF 18,00  
Internal CHF 13,00

## THURSDAY 21. November

**Conchiglie**

Tomato, basil, pumpkin and ricotta

**Protect** CHF 14,00  
Internal CHF 9,00

**"Tukul" burger**

French fries and garnish

**Innovate** CHF 18,00  
Internal CHF 13,00

## FRIDAY 22. November

**Cheese raviolini**

honey and walnuts Mixed salad

**Protect** CHF 14,00  
Internal CHF 9,00

**Chicken fillet with mushrooms**

Rösti and broccoli

**Innovate** CHF 18,00  
Internal CHF 13,00

Lunch is served from 11:30 to 14:00. The restaurant does not take table reservations.